## **THE CARING HEARTS**

We are committed to maintaining the highest standards of professionalism and excellence in every aspect of our services. Your safety and comfort utmost importance to us and we adhere to strict protocols to guarantee a secure and nurturing environment.

your health our priority







## How We Work

Our caregivers undergo rigorous training to ensure they possess the skills and knowledge necessary to meet your specific care needs. We understand that every individual is unique, and we respect your cultural background, values, and personal preferences in providing personalized care. With our unwavering dedication and genuine compassion, we strive to make a positive difference in your life and bring peace of mind to you and your family.

## **Our Service**

#### **Personal Support Workers** (PSWs)

- Assist with bathing, grooming, dressing, and toileting.
- Help with mobility, including transfers from bed to wheelchair.
- Provide skincare and oral hygiene.
- Observe and report changes in health condition.
- Assist with medication reminders.
- Prepare meals according to dietary requirements.
- Provide companionship and engage in activities.
- Perform light housekeeping duties related to care.
- Perform cleaning tasks such as dusting, vacuuming, and mopping.
- Do laundry, ironing, and change bed linens.
- Prepare meals based on dietary preferences and restrictions.
- Help with basic hygiene tasks & dressing.

### **Home Support Workers** (HSWs)

- Perform cleaning tasks such as dusting, vacuuming, and mopping.
- linens.
- Help with basic hygiene tasks & dressing.
- Run errands like grocery shopping & picking up prescriptions.
- Accompany clients to appointments & social activities.
- social interactions.

- Do laundry, ironing, and change bed
- Prepare meals based on dietary
  - preferences and restrictions.

• Provide companionship & engage in

# We arehere for **YOUR HEALTH**